

United States Biathlon Association
**2011 North American Biathlon
Rollerski Championships**

August 5th – 7th, 2011
Ethan Allen Firing Range
Jericho, Vermont

Hosted by

Ethan Allen Biathlon Club
P.O. Box 1012
Jericho Center, Vermont 05465
eabiathlon@gmail.com



Introduction

The 2011 North American Rollerski Biathlon Championships is sponsored by the United States Biathlon Association and hosted by the Ethan Allen Biathlon Club. The races will take place at the Ethan Allen Firing Range in Jericho, Vermont on August 5th, 6th and 7th, 2011.

Ethan Allen biathlon facilities were originally built to be a state of the art facility and remain one of the top biathlon centers in the United States. The facilities include a 30 point range, 6 kilometres of paved and lighted roller skiing, and more than 18 kilometres of established wooded trails, a large meeting building as well as toilet facilities, showers, and a kitchen, and a separate building at the finish line dedicated to timing operations. The range is located approximately 30 minutes from Burlington, Vermont, a beautiful city with a population of approximately 39,000 situated on the shore of Lake Champlain and the edge of the Green Mountains. The area is easily accessed by Burlington International Airport with regular connections to major airline hubs and can be reached from most of the Northeast by interstate highways. The area is known for its outstanding recreational activities such as hiking, mountain biking, and fishing and has numerous lodging and dining options.

Rules

The International Biathlon Union Event and Competition Rules will be in effect for this event, except as specifically modified by the Organizing Committee or Competition Jury. Any modifications to the rules will be discussed at the Team Captains Meeting. The organizing committee reserves the right to modify the parameters of the event based upon local conditions such as weather and trail availability.

Competition

The competition will include a training day on Friday, a Sprint race on Saturday and a Pursuit race on Sunday. All races will be held on paved loops. These loops have significant downhill sections and all competitors should be comfortable and confident skiing on a rolling, paved course amongst other competitors. Competitors must bring their own skis, boots, poles helmet, and rifle. Rifles will not be carried for this event. Rifles will be picked up from a rack upon entering the range and placed on the competitors back and a short range loop skied to the shooting point. Coaches may shuttle rifles for Boys and Girls rather than have them carry them. Following shooting, the rifle is placed on the competitors back, skied directly to the racks at the end of the range and left on the rack. **IMPORTANT – BOLTS MUST BE LEFT OPEN WHEN RIFLE IS ON RACK!** Helmets must be worn by all competitors while rollerskiing. Course information will be available on site.

Sprint Competition (Saturday): *Masters Men (10 km, p-s), 150 m penalty loop*
Masters Women (7.5 km, p-s), 150 m penalty loop
Men (10 km, p-s), 150 m penalty loop
Women (7.5 km, p-s), 150 m penalty loop
Junior Men (10 km, p-s), 150 m penalty loop
Junior Women (7.5 km, p-s), 150 m penalty loop

Youth Men (7.5 km, p-s), 150 m penalty loop
Youth Women (6 km, p-s), 150 m penalty loop
Boys and Girls (Distance To Be Determined, p-s), 150 m penalty loop

Pursuit Competition (Sunday): *Masters Men (12.5 km, p-s), 150 m penalty loop*
Masters Women (10 km, p-s), 150 m penalty loop
Women (10 km, p-p-s-s), 150 m penalty loop
Men (12.5 km, p-p-s-s), 150 m penalty loop
Junior Men (12.5 km, p-p-s-s), 150 m penalty loop
Junior Women (10 km, p-p-s-s), 150 m penalty loop
Youth Men (10 km, p-p-s-s), 150 m penalty loop
Youth Women (7.5 km, p-p-s-s), 150 m penalty loop
Boys and Girls (Distance To Be Determined, p-p-s-s), 150 m penalty loop

Competition Officials

Chief of Competition: John Madigan

Chief of Course: To be determined

Chief of Range: Tom Lane

Chief of Stadium: To be determined

Chief of Timing: Karen Clark

Competition Secretary: Chris Ludington

Organizing Committee: *Tom Lane, John Madigan, Karen Clark, Madeline Mann, Judy Geer, Chris Ludington, Bryan Schultz, Maj. Andrew Parsons, Eric Tremble*

Schedule of Events

The course will close 5 minutes before the start of the races and will not reopen until all competitors have completed the race. You should consider bringing running shoes to cool down in.

Friday, August 5th Arrival and Training

Competition Office open: 0800 to 1200 hrs, 1300 to 1600 hrs

Range and roller loops open for training: 0900 to 1200 hrs, 1300 to 1600 hrs

Team Captains Meeting: 1600 hrs in the Walker Building

Saturday, August 6th Sprint Competition

Competition Office open: 0700 to 1300 hrs

Equipment Control open: 0830 hrs – Closes at 1000 hrs

Zero (all classes): 0900 to 0945 hrs

Sprint Competition – *Master, Senior, Junior, Youth Women, Girls: 1000 hrs, 30 seconds int.*

Sprint Competition – *Master, Senior, Junior, Youth Men, Boys: 1100 hrs, 30 seconds int.*

Flower Ceremony for Sprint: *Immediately following race in Walker Building*
Range and roller loops open for training: *1300 to 1600 hrs*

Sunday, August 7th Pursuit Competition (Note: Races start earlier on Sunday)

Competition Office open: *0700 to 1300 hrs*

Equipment Control open: *0730 hrs – closes at 0900 hrs*

Zero (all classes): *0800 to 0845 hrs*

Pursuit Competition – *Master, Senior, Junior and Youth Men, Boys: 0900 hrs, 30 seconds int.*

Pursuit Competition – *Master, Senior, Junior and Youth Women, Girls: 1000 hrs, 30 seconds int.*

Flower Ceremony for Pursuit: *Immediately following race in Walker Building*

Note: Separate races may be held for younger athletes depending upon the number of entrants. Entrants may be seeded depending upon the number of entrants in each category. A final decision will be made at the team captains meeting.

Eligibility

If correctly registered and entered by USBA Region or their Canadian Division any member of USBA or Biathlon Canada in good standing may participate in this event if they have a valid USBA or Biathlon Canada Competitor membership card. The competitors must be prepared to show their membership card for the current year at the event registration. USBA membership forms are available at <http://www.usbiathlon.org/forms/membership.pdf>

The competition is open to all biathletes 14 years of age or older on the day of the competition. Biathletes, younger than 16, will need permission to compete, based upon ability to participate safely, from the Chief of Competition.

Competition Office

The Competition Office will be open at the Walker Building located at the Ethan Allen Firing Range during the following hours;

Friday, August 5th – *0800 to 1200 hrs, 1300 to 1600 hrs*

Saturday, August 6th – *0700 to 1300 hrs*

Sunday, August 7th – *0700 to 1300 hrs*

Team Captains Meeting

There is one team Captains Meeting scheduled for this competition. It will be held at the Ethan Allen Firing Range, Walker Building at 4:00 pm on Friday, August 5th. Additional meetings may be scheduled as needed. Items to be covered at the meeting include modifications to the rules, election of jury, and start order draw for the Sprint competition. Representation at the

Team Captains meeting is strongly encouraged. If anyone is unable to attend, they should plan on picking up their bibs in the morning and to be briefed on any relevant information.

Official Training

The range and paved roller loops will be open to registered competitors and coaches during the following times:

Friday, August 5th – 0900 to 1200 hrs, 1300 to 1600 hrs

Saturday, August 6th – 1300 to 1600 hrs

Sunday, August 7th – Range closed following competition

Awards

Awards will be presented to the top three finishers in each of the following classes for each of the races.

Boys and Girls (Born in 1995 or later)

Youth Men and Youth Women (Born in 1993 or 1994)

Junior Men and Junior Women (Born in 1991 or 1992)

Senior Men and Senior Women (21 to 39 years old on August 6, 2011)

Master Men and Master Women (40 years and older on August 6, 2011)

Liability/Insurance Waiver

Competitors shall be responsible for adequate insurance of participants. All participants must be appropriately insured against injuries, illness or possible damage of material. Neither the organizing committee, the Ethan Allen Biathlon Club, Ethan Allen Firing Range, Vermont National Guard, the United States Biathlon Association, nor any sponsors or volunteers, shall be liable for personal and material damage. All competitors must sign a waiver and release of liability before using the facilities.

Registration and Fees

The entry fee is \$15 for one race and \$30 for both races for all competitors. No refunds will be given.

Registration for this event closes at 1400 hrs on Friday, August 5th, 2011. On-site registration will be available until that time on that day. Pre registration is encouraged and is available on-line with SkiReg.com, or by mail. Registration by mail should be mailed on or before July 27th, 2011.

On-line registration:

<http://www.skireg.com/events/register.asp?EventID=3228>

Registration by Mail:

The registration form should be mailed along with a check or money order for the full registration amount in US dollars to:

Ethan Allen Biathlon Club
P.O. Box 1012
Jericho Center, Vermont 05465

Driving Directions

Interstate 89 is a toll free highway between Boston and Montreal. Route 7, a major north/south artery, links western Vermont with Massachusetts, New York and Quebec. Route 2 bisects Vermont westward to New York State and eastward to New Hampshire and Maine. Each of these major routes passes through Burlington, Vermont. Jericho and the Ethan Allen Firing Range are located approximately 15 miles (25km) northeast from the center of Burlington. From Burlington, Winooski or Williston, follow VT Rt. 2A or VT Rt. 15 to Essex Junction and then VT Rt. 15 to Jericho, then follow Lee River Rd. to Ethan Allen Firing Range.

Once at the base, pass through the entry gate onto new pavement. Take second right onto dirt road just past "Red House". Continue up the main road to the top of the hill. Please obey the posted base speed limit of 25 mph. There are many army personnel walking on the roads as well as army vehicles. Anyone who is caught speeding will be asked to leave the base. They are serious about this!! Public transportation to the venue is not available.

[Google Map](#)

Lodging and Dining

A wide selection of accommodations and dining are available in the Chittenden County, Burlington, Vermont area. Burlington is Vermont's largest city, located along the eastern shore of Lake Champlain. For information concerning lodging, please contact:

Lake Champlain Regional Chamber of Commerce
60 Main Street Burlington, Vermont 05401
Telephone 802 863 3489 Fax 802 863 1539

Or visit the Web at: <http://www.Vermont.org>

Contacts

Ethan Allen Biathlon Club
P.O. Box 1012
Jericho Center, Vermont 05465
www.eabiathlon.org
eabiathlon@gmail.com

Chiefs of Competition: John Madigan: jpmad2003@yahoo.com

United States Biathlon Association

49 Pineland Dr., Suite 301 A
New Gloucester, Maine 04260

Phone: (800) 242 8456
usbiathlon@aol.com
www.usbiathlon.org

Competitor Entry Form

2011 North American Rollerski Biathlon Championships, Jericho, Vermont

Last Name: _____ First Name: _____ Sex: M / F
Address: _____ City: _____ State: ____ Zip _____ Country _____
Email: _____ Phone: _____ Birth date: ____/____/____ Age: _____

USBA: or Biathlon Canada #: _____ Club or Team: _____

Emergency Contact: _____ Phone: _____

Race: Sprint – Saturday (Aug 6) Pursuit Format – Sunday (Aug 7)

Class/Age:

- Masters Men: 40+ yrs Masters Women: 40+ yrs
 Men: 21-39 years Women: 21-39 years
 Junior men: 19-20 years Junior women: 19-20 years
 Youth men: 17-18 years Youth women: 17-18 years
 Boys: 14-16 years Girls: 14 -16 years

Entry Fees:

- \$15 (U.S. Dollars) for one race.
 \$30 (U.S. Dollars) for two races.

Total amount enclosed: \$ _____ U.S. Dollars. Checks payable to: *Ethan Allen Biathlon Club*

Please enclose payment with registration form. Mail to: **Ethan Allen Biathlon Club**

P.O. Box 1012

Jericho Center, Vermont 05465

WAIVER AND RELEASE OF LIABILITY

Identification of risk: I, _____, know that biathlon, consisting of roller skiing and rifle marksmanship, involves risks of serious injury, including permanent disability and death. I understand that these injuries might result not only from my actions, but the actions, inactions, or negligence of others. Assumption of risk: I agree that I am responsible for my safety while participating in biathlon training and competition. I assume all risks, both known and unknown, connected with my participation. Waiver: Being aware of the risks and willing to assume them, I waive, release and hold harmless Ethan Allen Firing Range, Vermont National Guard, Ethan Allen Biathlon Club, United States Biathlon Association, their affiliate clubs, volunteers, directors, officers, employees, coaches, sponsors, advertisers, and owners/lessors of used premises from all claims for liability, injury, loss, or damage connected with my participation in biathlon training and competition. I intend for this waiver and release to also apply to my relatives, personal representatives, heirs, beneficiaries, next of kin, and assigns. Insurance: I currently have, and agree to maintain through the time I participate, sufficient medical and accident insurance. I understand that this is my responsibility and release anyone from providing it for me.

I have read this agreement carefully, understand that I give up substantial rights by signing it, and sign it voluntarily.

Participant's signature Date _____

For Participants under age 18:

I consent to the above person's participation in biathlon training and competitions. I acknowledge that I assume all risks, known and unknown, and waive all claims in advance.

Parent/guardian's signature Date _____