

United States Biathlon Association

Presents

## **2011 Youth/Junior World Team Trials**

and with Biathlon Canada

## **North American Cup #2**

December 27<sup>th</sup> – 30<sup>th</sup>, 2010

Ethan Allen Firing Range

Jericho, Vermont

Hosted by



**Ethan Allen Biathlon Club**

P.O. Box 1012

Jericho Center, Vermont 05465

[eabiathlon@gmail.com](mailto:eabiathlon@gmail.com)

## **Welcome**

The Ethan Allen Biathlon Club will be hosting the 2011 United States Biathlon Association (USBA) Youth/Junior World Team Trials and the USBA/Biathlon Canada North American Cup #2 at the Ethan Allen Firing Range in Jericho, Vermont on December 27th to 30th, 2010. Results of the Youth/Junior World Team Trials will determine the athletes that will be selected to compete and represent the United States in the Youth/Junior World Championships in Nove Mesto, Czech Republic, January 27<sup>th</sup> through February 6<sup>th</sup>, 2011.

The Ethan Allen biathlon facilities were originally built to be a state of the art facility and remain one of the top biathlon centers in the United States. The facilities include a 30 point range, more than 18 kilometers of established trails, snow making, waxing huts, 6 kilometers of paved and lighted roller skiing a large meeting building as well as toilet facilities, showers, and a kitchen, and a separate building at the finish line dedicated to timing operations. The range is located approximately 30 minutes from Burlington, Vermont, a beautiful city with a population of approximately 39,000 situated on the shore of Lake Champlain and the edge of the Green Mountains. The area is easily accessed by Burlington International Airport with regular connections to major airline hubs and can be reached from most of the Northeast by interstate highways.

## **Rules**

International Biathlon Union Event and Competition Rules will be in effect for this event, except as specifically modified by the Organizing Committee or Competition Jury. Any modifications to the rules will be discussed at the Team Captains Meeting. The organizing committee reserves the right to modify the parameters of the event based upon local conditions such as weather and trail availability.

## **Competition**

The competition will include official training on Monday, a Sprint race on Tuesday, a Pursuit style race on Wednesday, banquet on Wednesday evening, and a Sprint race on Thursday. Competition distances will be as follows:

### **Sprint Competitions (Tuesday and Thursday):**

*Master Men (35+): 10 km, p-s, 150 m penalty loop*

*Master Women (35+): 7.5 km, p-s, 150 m penalty loop*

*Men (21+): 10 km, p-s, 150 m penalty loop*

*Women (21+): 7.5 km, p-s, 150 m penalty loop*

*Junior Men (19/20): 10 km, p-s, 150 m penalty loop*

*Junior Women (19/20): 7.5 km, p-s, 150 m penalty loop*

*Youth Men (17/18): 7.5 km, p-s, 150 m penalty loop*

*Youth Women (17/18): 6 km, p-s, 150 m penalty loop*

*Boys/Girls (15/16): 6 km, p-s, 150 m penalty loop*

Pursuit Competition (Wednesday): The Pursuit race will be conducted with a 5 second interval start, with starting order determined by the previous days Sprint competition results within each category. Athletes who did not take part in the Sprint will be drawn randomly to determine starting order after the last qualified competitor in a given class.

*Master Men (35+): 12.5 km, ppss, 150 m penalty loop*

*Master Women (35+): 10 km, ppss, 150 m penalty loop*

*Men (21+): 12.5 km, ppss, 150 m penalty loop*

*Women (21+): 10 km, ppss, 150 m penalty loop*

*Junior Men (19/20): 12.5 km, ppss, 150 m penalty loop*

*Junior Women (19/20): 10 km, ppss, 150 m penalty loop*

*Youth Men (17/18): 10 km, ppss, 150 m penalty loop*

*Youth Women (17/18): 7.5 km, ppss, 150 m penalty loop*

*Boys/Girls (15/16): 7.5 km, ppss, 150 m penalty loop*

## **Competition Officials**

Chief of Competition: John Madigan

Chief of Course: Dan Westover

Chief of Range: Tom Lane

Chief of Stadium: To be determined

Chief of Timing: To be determined

Competition Secretary: Bryan Schultz

Organizing Committee: John Madigan, Tom Lane, Karen Clark, Bryan Schultz, Judy Geer, Chris Ludington, Madeline Mann, Eric Tremble

## **Schedule of Events**

The course will close 5 minutes before the start of the races and will not reopen until all competitors have completed the race.

### **Monday, December 27<sup>th</sup> *Arrival and Official Training***

Competition Office open: 0800 to 1200 hrs, 1300 to 1600 hrs

Range and trails open for official training: 0900 to 1200 hrs, 1300 to 1600 hrs

Registration closes at 1600 hrs

Team Captains Meeting: 1630 hrs in the Walker Building

### **Tuesday, December 28<sup>th</sup> *Sprint Competition***

Competition Office open: 0800 hrs

Equipment Control open: 0845 hrs

Zero (all classes): 0900 to 0945 hrs

Sprint Competition: 1000 hrs, 30 seconds intervals

Flower Ceremony for Sprint: Approximately 1230 hrs in Walker Building. NorAm awards presented. Trials awards at banquet

Range and trails open for unofficial training: 1400 to 1600 hrs

### **Wednesday, December 29<sup>th</sup> Pursuit Competition**

Competition Office open: 0800 hrs

Equipment Control open: 0845 hrs

Zero (all classes): 0900 to 0945 hrs

Pursuit Competition: 1000 hrs, 5 seconds intervals

Flower Ceremony for Sprint: *Approximately 1230 hrs in Walker Building. NorAm awards presented. Trials awards at banquet*

Range and trails open for unofficial training: 1400 to 1600 hrs

*Banquet: 1830 hrs, Mt. Mansfield High School - Dinner and presentation by John Morton*

*Youth/Junior Awards for first 2 days of racing presented*

### **Thursday, December 30<sup>th</sup> Sprint Competition**

Competition Office open: 0800 hrs

Equipment Control open: 0845 hrs

Zero (all classes): 0900 to 0945 hrs

Sprint Competition: 1000 hrs, 30 seconds intervals

Flower Ceremony for Sprint: *Approximately 1230 hrs in Walker Building. NorAm and Trials awards presented*

Announcement of Youth/Junior World Team: 1500 hrs in Walker Building

## **Eligibility**

If correctly registered and entered by USBA Region or their Canadian Division any member of USBA or Biathlon Canada in good standing may participate in this event if they have a valid USBA or Biathlon Canada Competitor membership card. The competitors must be prepared to show their membership card for the current year at the event registration. USBA membership forms are available at <http://www.usbiathlon.org/forms/membership.pdf>

The competition is open to all biathletes 14 years of age or older on the day of the competition. Biathletes, younger than 15, will need permission to compete, based upon ability to participate safely, from the Chief of Competition.

## **Competition Office**

The Competition Office will be open at the Timing Building located at the Ethan Allen Firing Range during the following hours;

Monday, December 27<sup>th</sup> – 0800 to 1200 hrs, 1400 to 1600 hrs

Tuesday, December 28<sup>th</sup> – 0800 to 1400 hrs

Wednesday, December 29<sup>th</sup> – 0800 to 1400 hrs

Thursday, December 30<sup>th</sup> – 0800 to 0900 hrs

## **Team Captains Meeting**

There is one team Captains Meeting scheduled for this competition. It will be held at the Ethan Allen Firing Range, Walker Building at 1630 hrs on Monday, December 27<sup>th</sup>. Additional meetings may be scheduled as needed. Items to be covered at the meeting include modifications to the rules, election of jury, and start order draw for the Sprint competition. Representation at the Team Captains meeting is strongly encouraged. If anyone is unable to attend, they should plan on picking up their bibs in the morning and to be briefed on any relevant information. All junior athletes MUST have a coach or parent attend the team captains meeting on their behalf (or they can attend themselves).

## **Training**

The range and trails will be open to registered competitors and coaches during the following times:

Monday, December 27<sup>th</sup> – 0900 to 1200 hrs, 1400 to 1600 hrs

Tuesday, December 28<sup>th</sup> – 1400 to 1600 hrs

Wednesday, December 29<sup>th</sup> – 1400 to 1600 hrs

Thursday, December 30<sup>th</sup> – *Range closed following competition*

## **Awards**

Awards will be presented to the top three finishers in each of the competition classes. Awards will be presented at the flower ceremony following each race. Staying to congratulate your fellow competitors is appreciated. Snacks will be provided throughout the races and following.

## **Commemorative Youth/Junior Trials T-Shirt**

A commemorative t-shirt is included in the entry fee for all athletes registering for three races. Additional t-shirts can be pre ordered, by December 13th, on the entry form for a fee of \$15 per shirt.

## **Banquet**

A banquet for all athletes, coaches, family, officials, volunteers and friends will be held on Wednesday evening at a location to be determined at 1830 hrs. The banquet is included in all three race entry fees. Additional banquet tickets can be purchased for \$15 up until Monday, December 27th at 1600 hrs. Along with dinner, we are very excited to have John Morton as our guest speaker. John Morton has participated in seven Winter Olympic Games as an athlete, as a coach, the U.S. Biathlon Team Leader, and most recently at Salt Lake as Chief of Course for the biathlon events. John is also the author of the highly acclaimed and a must read for biathletes, A MEDAL Of HONOR, an intimate inside view of what it means to be an Olympic athlete. Don't miss this!

## **Waxing Policy for Youth/Junior World Team Trials**

USBA will be enforcing a "same wax" policy for the 2011 Youth/Junior World Team Trials. All athletes wanting to be considered for the team must adhere to this policy. This policy does not apply to NorAm competitors. The purpose of the "same wax" policy is to create competition conditions that are the most fair in determining the best athletes to represent the USBA. A secondary purpose is to reduce the increasing cost of specialized wax and the need for wax technicians. The waxing protocols to be followed for this competition can be found at (link to policy on web site).

Canadian Youth/Junior athletes are invited to join in using the same waxing protocol.

## **Waxing Huts**

Waxing huts are available for teams on a first come/first serve basis and can be arranged at the competition office starting Monday, December 27.

## **Liability/Insurance Waiver**

Competitors shall be responsible for adequate insurance of participants. All participants must be appropriately insured against injuries, illness or possible damage of material. Neither the organizing committee, Ethan Allen Biathlon Club, Ethan Allen Firing Range, Vermont National Guard, the United States Biathlon Association, nor any sponsors or volunteers, shall be liable for personal and material damage. All competitors must sign a waiver and release of liability before using the facilities.

## **Registration and Fees**

The entry fee is \$25 (banquet not included) for one race and \$90 for all three races (including the banquet) if received by December 13<sup>th</sup>, 2010 for all competitors as specified by the Biathlon North America hosting policy. Registrations received after the 13<sup>th</sup> will not include a T-shirts and will be charged an additional \$5 fee. Registration for this event closes at 1400 hrs on Monday, December 27<sup>th</sup>, 2010. On-site registration will be available on that day at an additional charge of \$5 per race. Pre registration is encouraged. Entrants will not be considered registered until payment is received. The registration form should be mailed along with a check or money order (sorry, no credit cards can be accepted) for the full registration amount to:

**Ethan Allen Biathlon Club**  
P.O. Box 1012  
Jericho Center, Vermont 05465

## **Driving Directions**

Interstate 89 is a toll free highway between Boston and Montreal. Route 7, a major north/south artery, links western Vermont with Massachusetts, New York and Quebec. Route 2 bisects Vermont westward to New York State and eastward to New Hampshire and Maine. Each of these major routes passes through Burlington, Vermont. Jericho and the Ethan Allen Firing Range are located approximately 15 miles (25km) northeast from the center of Burlington. From Burlington, Winooski or Williston, follow VT Rt. 2A or VT Rt. 15 to Essex Junction and then VT Rt. 15 to Jericho, then follow Lee River Rd. to Ethan Allen Firing Range.

Once at the base, pass through the entry gate and onto new pavement. Take second right onto dirt road just past "Red House". Continue up the main road to the top of the hill (approximately 1 mile). Please obey the posted base speed limit of 25 mph. There are many army personnel walking on the roads as well as army vehicles. Anyone who is caught speeding will be asked to leave the base. They are serious about this!! Public transportation to the venue is not available.

## **Lodging and Dining**

A wide selection of accommodations and dining are available in the Chittenden County, Burlington, Vermont area. Burlington is Vermont's largest city, located along the eastern shore of Lake Champlain. For information concerning lodging, please contact:

Lake Champlain Regional Chamber of Commerce  
60 Main Street Burlington, Vermont 05401  
Telephone 802 863 3489 Fax 802 863 1539

Or visit the Web at: <http://www.vermont.org/>

In addition, the Ethan Allen Firing Range has limited barracks style housing available, at a very reasonable fee, on a first come first serve basis. Contact Maj. Andrew Parsons of the Vermont National Guard about this option. Email: [andrew.f.parsons@us.army.mil](mailto:andrew.f.parsons@us.army.mil)

## **Contacts**

### **Ethan Allen Biathlon Club**

P.O. Box 1012

Jericho Center, Vermont 05465

<http://www.eabiathlon.org/>

[eabiathlon@gmail.com](mailto:eabiathlon@gmail.com)

**United States Biathlon Association**

49 Pineland Dr., Suite 301 A  
New Gloucester, Maine 04260

Phone: (800) 242 8456  
usbiathlon@aol.com  
www.usbiathlon.org

**Biathlon Canada**

Head Office  
Suite 111, 2197 Riverside Dr.  
Ottawa, Ontario  
K1H 7X3

Phone (613) 748 5608  
www.biathloncanada.ca

## Competitor Entry Form

### 2011 Youth/Junior World Team Trials and North American Cup #2 December 27<sup>th</sup> - 30<sup>th</sup>, Ethan Allen Firing Range Jericho, Vermont USA

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_ Zip \_\_\_\_\_  
Country \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_  
Birth date: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_ Sex: M / F  
USBA or Biathlon Canada #: \_\_\_\_\_  
Club or Team: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_  
Phone: \_\_\_\_\_

#### **Race:**

- Sprint – Tuesday (December 28)  
 Pursuit – Wednesday (December 29)  
 Sprint – Thursday (December 30)

#### **Class/Age:**

- Masters Men: 35+ yrs       Masters Women: 35+ yrs  
 Men: 21-34 years           Women: 21-34 years  
 Junior Men: 19-20 years    Junior Women: 19-20 years  
 Youth Men: 17-18 years    Youth Women: 17-18 years  
 Boys: 14-16 years          Girls: 14 -16 years

#### **Entry Fees (if received by December 13<sup>th</sup>, 2010:**

- \$25 (U.S. Dollars) for one race - \$35 to include Banquet  
 \$50 (U.S. Dollars) for two races - \$65 to include Banquet  
 \$90 (U.S. Dollars) for three races and Banquet

T-shirt size:  Small     Medium     Large     X-large  
Additional Banquet tickets: \_\_\_\_\_ x \$15 each

Total amount enclosed: \$ \_\_\_\_\_ U.S. Dollars.

Checks payable to: *Ethan Allen Biathlon Club*

Please enclose payment with registration form. Mail to:

**Ethan Allen Biathlon Club**

P.O. Box 1012

Jericho Center, Vermont 05465

#### **WAIVER AND RELEASE OF LIABILITY**

Identification of risk: I, \_\_\_\_\_, know that biathlon, consisting of roller skiing and rifle marksmanship, involves risks of serious injury, including permanent disability and death. I understand that these injuries might result not only from my actions, but the actions, inactions, or negligence of others. Assumption of risk: I agree that I am responsible for my safety while participating in biathlon training and competition. I assume all risks, both known and unknown, connected with my participation. Waiver: Being aware of the risks and willing to assume them, I waive, release and hold harmless Ethan Allen Firing Range, Vermont National Guard, Ethan Allen Biathlon Club, United States Biathlon Association, their affiliate clubs,

volunteers, directors, officers, employees, coaches, sponsors, advertisers, and owners/lessors of used premises from all claims for liability, injury, loss, or damage connected with my participation in biathlon training and competition. I intend for this waiver and release to also apply to my relatives, personal representatives, heirs, beneficiaries, next of kin, and assigns. Insurance: I currently have, and agree to maintain through the time I participate, sufficient medical and accident insurance. I understand that this is my responsibility and release anyone from providing it for me.

I have read this agreement carefully, understand that I give up substantial rights by signing it, and sign it voluntarily.

\_\_\_\_\_ Date \_\_\_\_\_  
Participant's signature

**For Participants under age 18:**

I consent to the above person's participation in biathlon training and competitions. I acknowledge that I assume all risks, known and unknown, and waive all claims in advance.

\_\_\_\_\_ Date \_\_\_\_\_  
Parent/guardian's signature