



2012 Biathlon Ontario Cup #3 Invitation Walden (Sudbury) - Jan.28 & 29

Host: Biathlon Ontario's Cup #3 will be hosted by the Walden Biathlon Club.

Date: Saturday, January 28 and Sunday, January 29, 2012

Location: The Walden Cross-Country Fitness Club in Naughton, Ontario, just west of Sudbury.
(See the directions and maps attached.)

Event Formats: Saturday's race format will be an Individual race (time penalties for missed targets) and on Sunday it will be a Sprint (penalty loop laps for misses). This event is **air rifle only**. Air rifles will be made available to those who do not have their own (numbers permitting) and the event will include both prone and standing positions according to category. The athletes will not carry their rifle during the race. The Junior, Juvenile and Short Participation categories will shoot from the prone position only.

Eligibility: The races are open to all current competitor (or Day) members of Biathlon Ontario or any other Division of Biathlon Canada or the USBA. The Participation categories are open to anyone who wants to give the sport of biathlon a try as a Day Member.

Rules: International Biathlon Union (IBU) rules shall apply as fully as possible. Biathlon Canada rules shall apply for classes not covered in IBU rules.

CATEGORIES - Air Rifle	Saturday – Individual Race	Sunday – Sprint Race
Senior Boys 15-16	7.75 km (4 bouts)(P,S,P,S) { ggrrr }	6.0 km (2 bouts)(P, S) { ggg }
Junior Boys 13 –14	6.5 km (3 bouts)(P, P, P) { ggr }	4.5 km (2 bouts)(P, P) { grr }
Pre-Junior Boys 12 & under	5.0 km (3 bouts)(P, P, P) { rrrr }	3.75 km (2 bouts)(P, P) { rrr }
Senior Girls 15-16	7.75 km (4 bouts)(P,S,P,S) { ggrrr }	6.0 km (2 bouts)(P, S) { ggg }
Junior Girls 13 –14	6.5 km (3 bouts)(P, P, P) { ggr }	4.5 km (2 bouts)(P, P) { grr }
Pre-Junior Girls 12 & under	5.0 km (3 bouts)(P, P, P) { rrrr }	3.75 km (2 bouts)(P, P) { rrr }
Open Participation (Long)	7.75 km (4 bouts)(P,S,P,S) { ggrrr }	6.0 km (2 bouts)(P, S) { ggg }
Open Participation (Short)	5.0 km (3 bouts)(P, P, P) { rrrr }	3.75 km (2 bouts)(P, P) { rrr }

*** Distances may be modified due to trail conditions

Shooting bouts: P = Prone position, S = Standing Ski Loop order: **g** (green)= 2km **r** (red)= 1.25km

Categories may be added to accommodate other ages/genders i.e. Men 35+, Women 19-20, etc.

Fees: The race entry fees are \$20 per single race or \$30 for the two races.

A day pass for the Walden Cross-Country Fitness Club is \$10.00 for each day.

A Biathlon Ontario Day Membership is \$5 for each day.

See The Registration Form Attached.

Schedule: Zeroing will begin on Saturday Jan. 28 at 12:30 p.m., 1st race categories start at 1:30 p.m.

Zeroing on Sunday, Jan. 29, will be at 10:00 a.m., with an 11:00 a.m. race start time.

The Categories and Individual start order will be decided after registration. Communication to coaches will be done at the Team Captains meeting at 12 p.m. Saturday & 9:30 a.m. Sunday.

The competition committee reserves the right to change start times subject to weather conditions. The committee also reserves the right to cancel or postpone races and to retain up to 25% of the entry fees to cover expenses.

Competition Committee:

- Chief of Competition, Greg Dalton, 705-523-9989, gdalton@tribsys.com
- Chief of Course, TBD
- Chief of Range/Stadium, Tom Endleman, 705-560-1830, tendleman.bion@gmail.com
- Chief of Timing, TBD
- Chief of Results, TBD
- Competition Secretary, Marian Endleman, 705-560-1830, mebiathlon@hotmail.com
- Technical Delegate, TBD *** not specifically required for non-IBU events

Volunteers: As always, volunteers are sought to help set up, run and officiate this event. There will be a volunteer meeting each race day in the main Chalet.

Competition Jury:

Technical Delegate – TBD ***

Chief of Competition – Greg Dalton

3 other members of the jury will be elected at the first Team Captains meeting

Protest:

Protest forms will be available at the race secretary office. Protest must be submitted to the race secretary in accordance with IBU rules.

Awards:

An official Ontario Cup category must have 3 registered athletes. Medals will be given to all categories in accordance with policies. Medals will follow the competition final results.

For more information regarding the race, to volunteer, or to find out more about directions and what accommodations are available, look on the Biathlon Ontario Website www.biathlonontario.ca (Event Page) or contact:

Greg Dalton: (705) 523-9989, or email: gdalton@tribsys.com

or

Marian Endleman: (705) 560-1830, or email: mebiathlon@hotmail.com

Registration: See the accompanying Registration and Waiver Forms (in both .doc & .pdf)

Option 1: Registration by **mail** – send the **Registration** and signed **Waiver** forms and **cheque** payable to: **Walden Biathlon Club**

Mail to: Marian Endleman, 1611 Shadybrook Place, Sudbury, ON P3A 5H3

Option 2: Registration by **e-mail to: mebiathlon@hotmail.com**

Send the completed **Registration** and **Waiver** forms as MSWord .docs (with digital signatures) as attachments **or** scan and attach both the **Registration** and the **Waiver** forms completed and signed in .pdf or .jpg format.

All Registration Fees must be paid and signed Forms must be received prior to the Captain's meetings at 12 noon, Saturday, January 28th or at 9:30 a.m., Sunday, January 29th, 2012

Competitors under the age of 18 years of age must have the **Registration** Form and the **Waiver** signed by a parent or legal guardian.

Directions to Walden ski trails:

From the east

To get to the races coming from east of Sudbury:

Take the Sudbury bypass towards Sault Ste Marie (Hwy. 17 West). In approx 25 km on the west side of Sudbury, take the Lively exit West (Regional road 55). *See On Regional Road 55 below*

From the south

To get to the races you would come up Hwy 69 to just before Sudbury and turn west on the bypass towards Hwy.17 and Sault Ste Marie. In approx 10 km just as you start on the 4 lane hwy, take the Lively exit west (Regional road 55). *See On Regional Road 55 below*

From the west

From the 4-lane section of Hwy 17, take the Lively exit West (Regional Road 55). *See On Regional Road 55 below*

On Regional Rd 55

Proceeding west you come to the 2nd set of lights (the Stays Inn at 450 Regional Rd. 55 is on the right). Once through the light you proceed 3-4 km west and you will come to the town of Naughton (1 km after the light you will see the Village Inn Motel at 1005 Regional Road 55, on the left). In the town of Naughton you will see the general store on the left/south and St.Louis Street and the ski trail sign is on the opposite side (right /north) of the road. Cross the train tracks on St Louis Street and turn left and continue on Denis St. and you will be at the Walden Cross Country Ski trails.

Google Maps link to Walden XC and Fitness Club:

<http://maps.google.com/maps?q=to 1 Denis Street Naughton Ontario POM 2M0>

Link to Walden XC web site:

<http://www.waldenxc.com/>

Lodging:

The Travelway Inn is 14km from races (705) 522-1122 or 1-800-461-4883

The Travelodge is 13km from races (705) 522-110 (has pool)

The Hampton Inn is 12 km from races (705) 523-5200 (has pool)

Both the Travelway Inn and the Travelodge are located on Paris Street near Science North in Sudbury.

The Hampton Inn is at 2280 Regent Street just south- east of the Regent (Hwy 69)/Paris Street intersection.

Food:

4 km East from the Walden Ski Trails, there are several restaurants in Lively, an Independent grocery store and a Tim Hortons, Subway and Pizza.

Some food will be available in the Walden XC main chalet each day for competitors and supporters.