



## **Invitation**

**Eastern Canadian Championship,  
Quebec Cup # 4**

**February 5<sup>th</sup> and 6<sup>th</sup> 2011**

**USS Valcartier : Centre de biathlon  
Myriam Bédard**

## **MEMORANDUM**

**TO:** Biathlon Canada Divisions / Members of Biathlon club

**FROM:** Josée Dumas, President  
Club de biathlon de Courcellette

**DATE:** December 13<sup>th</sup>, 2010

**SUBJECT: INVITATION FOR THE EVENTS:  
East Canadian Championship, Quebec Cup # 4: February 5<sup>th</sup> and 6<sup>th</sup> 2011**

### **FACILITY - MYRIAM BEDARD BIATHLON CENTRE (CMB) – USS VALCARTIER**

Base Valcartier is located approximately 25 km North of Pierre Laporte Bridge using Routes 573 and 369, if you are driving from the Trans-Canada Highway (Rte 20). If you are flying, use the road as shown on the map enclosed to get to the base from the airport. A plan of Base Valcartier is included.

At the Myriam Bédard Biathlon Center, competition trails and their profiles will be distributed to the teams upon their arrival. Courses will be confirmed at the first Team Captain Meeting.

#### **Organizing committee:**

Organizing Committee Chair	Josée Dumas
Competition Chief	Donald Villeneuve
Chief of Timing	François Jean
Chief of Course	Serge Roy
Chief of Stadium	Denis Huot
Chief of Range	Frederic Sheedy
Competition Secretaries	France Abran
Volunteer Coordinators	Andrée Martel

**Technical Delegate:** Mr. Bruce Jarvis appointed by Biathlon Canada

**Questions** should be directed to :

Donald Villeneuve at [donville@videotron.ca](mailto:donville@videotron.ca) 418-933-8175 (up to 21h00)

### **COMPETITION JURY**

Technical Delegate: Mr. Bruce Jarvis  
Competition Chief: Mr. Donald Villeneuve

Others members: Three team captains, elected at the first Captains' Meeting on February 4<sup>th</sup>, 2011

### **JURY OF APPEAL**

In accordance with Biathlon Canada Policy.

### **COMPETITION RULES**

The event will be run in accordance with:

- IBU Event and Competition Rules;
- Biathlon Canada organisation policy of Eastern Canadian Championship, June 2010
- Biathlon Canada Range Procedures for Competitors not carrying rifles, June 2009.

## ELIGIBILITY

All members of Biathlon Canada Divisions, with a competitor membership card or by obtaining a day pass on the day of the competition, are eligible to participate in the classes as authorized by the IBU rules, Biathlon Canada and ACBQ. Other nationalities may participate but are not eligible for Eastern Canadian medals.

## AWARDS

Eastern Championship medal will be given to senior M/W, junior M/W, Youth M/W, master M/W, senior B/G and to the junior B/G categories all shooting .22 rifle has follow: 4 or + participant 3 medals, 3 participant in a category 2 medals and 2 participant in a category 1 medal.

ACBQ medals will be given to the air rifle junior boy and girl category and participative category will also receive medals.

## PROTESTS

Protests must be submitted in writing to the Competition Office in accordance with IBU Rules, accompanied with a \$25.00 (CAN) deposit. The deposit will be returned only if the protest is upheld. Protest forms are available at the Competition Office.

## CLASSES OF COMPETITORS AND TYPES OF COMPETITIONS

<b>Classes of Competitors</b>	<b>Individual (February 5<sup>th</sup>, 2011)</b>	<b>Sprint (February 6<sup>th</sup>, 2011)</b>
Master Men 35 +	10 km P, S, P	6 km P,S
Men 21 +	20 km P,P,S,S	10 km P,S
Junior Men 19-20	15 km P,P,S,S	10 km P,S
Youth Men 17-18	12,5 km P,P,S,S	7.5 km P,S
Senior Boys 15-16	7,5 km P,P,S,S	6 km P,S
Master Women 35 +	7.5 km P,S,P	6 km P,S
Women 21 +	15 km P,P,S,S	7.5 km P,S
Junior Women 19-20	12,5 km P,P,S,S	7.5 km P,S
Youth Women 17-18	10 km P,P,S,S	6 km P,S
Senior Girls 15-16	7,5 km P,P,S,S	6 km P,S
Junior Girls & Boys 13-14	6 km P,P,S,S	4 km P,S
<b>Air rifle (Feinwerkbau .177 Calibers)</b>		
<b>Classes of Competitors</b>	<b>Individual (February 5<sup>th</sup>, 2011)</b>	<b>Sprint (February 6<sup>th</sup>, 2011)</b>
Master Men 35 +	10 km P, P, P	6 km P,P
Men 21 +	20 km P,P,P,P	10 km P,P
Junior Men 19-20	15 km P,P,P,P	10km P,P
Youth Men 17-18	12,5 km P,P,P,P	7.5 km P,P
Senior Boys 15-16	7,5 km P,P,P,P	6 km P,P
Master Women 35 +	7,5 km P,P,P	6 km P,P
Women 21 +	15 km P,P,P,P	7.5 km P,P
Junior Women 19-20	12,5 km P,P,P,P	7.5 km P,P
Youth Women 17-18	10 km P,P,P,P	6 km P,P
Senior Girls 15-16	7,5 km P,P,P,P	6 km P,P
Junior Girls & Boys 13-14	6 km P,P,P	4 km P,P
Juvenile Girls & Boys 11-12	3 km P,P,P	4 km P, P
Girls & Boys beginner 9-10	3 km P,P,P	3 km P, P
Girls & Boys initiation 8	3 km P,P,P	3 km P,P

## **REMARKS**

A minimum of 4 entries are required for a category to be awarded medals, if less than 4, only the first athlete will receive an award. Weather dictating, the Organizing Committee may modify start times. In the event of cancellation on the day of a competition, the Organizing Committee will not refund any entry fees in order to cover any cost incurred.

**Air rifles categories (Feinwerkbau .177 calibers):** Boys and girls will not carry a rifle during any competition and they will shoot in the prone position only.

**Senior Boys and Girls categories** will carry their rifles only on the range (they will pick up their rifle on a rack at the entrance to the range and place them on a rack as they leave the range) and they will shoot in the prone and standing positions.

**Junior Boys and Girls categories** who shoot .22 rifle, rifle will be place on mat and they will shoot only in the prone positions. NORAM Cup and Quebec Cup will be awarded points to count towards the overall total of each Cup.

## **REGISTRATION**

By Email only to donville@videotron.ca

Note: All registration must be received before **19h, on Wednesday, February 2<sup>nd</sup>, 2011**. Competitors under the age of 18 years of age: legal guardian must sign the registration form.

<b>Registration fees for Canadian &amp; US athletes (\$ Can)</b>		
<b>Classes of Competitors</b>	<b>1 Competition</b>	<b>2 Competitions</b>
Senior (Men/Women)	\$ 40.00	\$ 60.00
Junior (Men/Women)	\$ 40.00	\$ 60.00
Masters (Men/Women)	\$ 40.00	\$ 60.00
Youth (Men/Women)	\$ 40.00	\$ 60.00
Senior (Boys/Girls)	\$ 25.00	\$ 45.00
Junior/Juvenile 13-14 (Boys/Girls)	\$ 20.00	\$ 35.00
Boys/Girls (8-12)	\$ 10.00	\$ 20.00
Participation	\$ 10.00	\$ 20.00
One day pass (none members)	\$ 5.00	\$ 10.00

**NOTE: \$ 10.<sup>00</sup>** added for all registrations received after the deadline (**19h, February 2<sup>nd</sup>, 2011**)

## **MEALS AND LODGING**

### **MEALS**

At your own expense. Available at the USS Valcartier main kitchen (Building 505), where tickets are sold. Proper dress must be worn at all times: no dirty jeans, sweat suits, shorts and shirts without sleeves.

### **LODGING**

**Hotels in the Quebec City region:**

**Hotel Normandin:** [www.hotelnormandin.com](http://www.hotelnormandin.com) Information: [info@hotelnormandin.com](mailto:info@hotelnormandin.com)

**Hotel l'Aristocrate:** [www.quebecweb.com/hotelaristocrate/introang.html](http://www.quebecweb.com/hotelaristocrate/introang.html)

**Rooms available** at Base Valcartier Centre Exacta for military personnel. Reservation (418) 844-5000 extention 5734

## **EVENT PROGRAM**

<b>Day</b>	<b>Times</b>	<b>Descriptions</b>
Friday, February 4 <sup>th</sup> , 2011	09h00 - 1845 14h00 - 1600 20h00	Arrivals Official training at the CMB Team Captains' Meeting at the CMB
Saturday, February 5 <sup>th</sup> , 2011	10h00 – 10h45 11h00 16h30 18h30	Zeroing Individual competitions Team captains meeting Dinner and presentation of medals <b>Centre Plein Air Castor, base militaire de Valcartier (arrivals 18h00 supper 18h30)</b>
Sunday, February 6 <sup>th</sup> , 2011	10h00 – 10h45 11h00 16h00	Zeroing Sprint competitions Presentation of medals

### **Diner and presentation of medals**

**When:** Saturday 5th of February

**Location:** Centre Plein Air Castor, base militaire de Valcartier (5 minutes from biathlon Center).

**Time:** 18h30

### **Cost: to be purchased when registering**

- \$25.00 (13 years of age and over)
- \$15.00 for (under 12 years old)

## **SANCTIONNING**

The 2010 – 2011 events are sanctioned by Biathlon Canada and covered by their insurance.

## **RIFLES / SKI STORAGE & WAXING**


Waxing rooms, range and trails are available on site at the CMB.

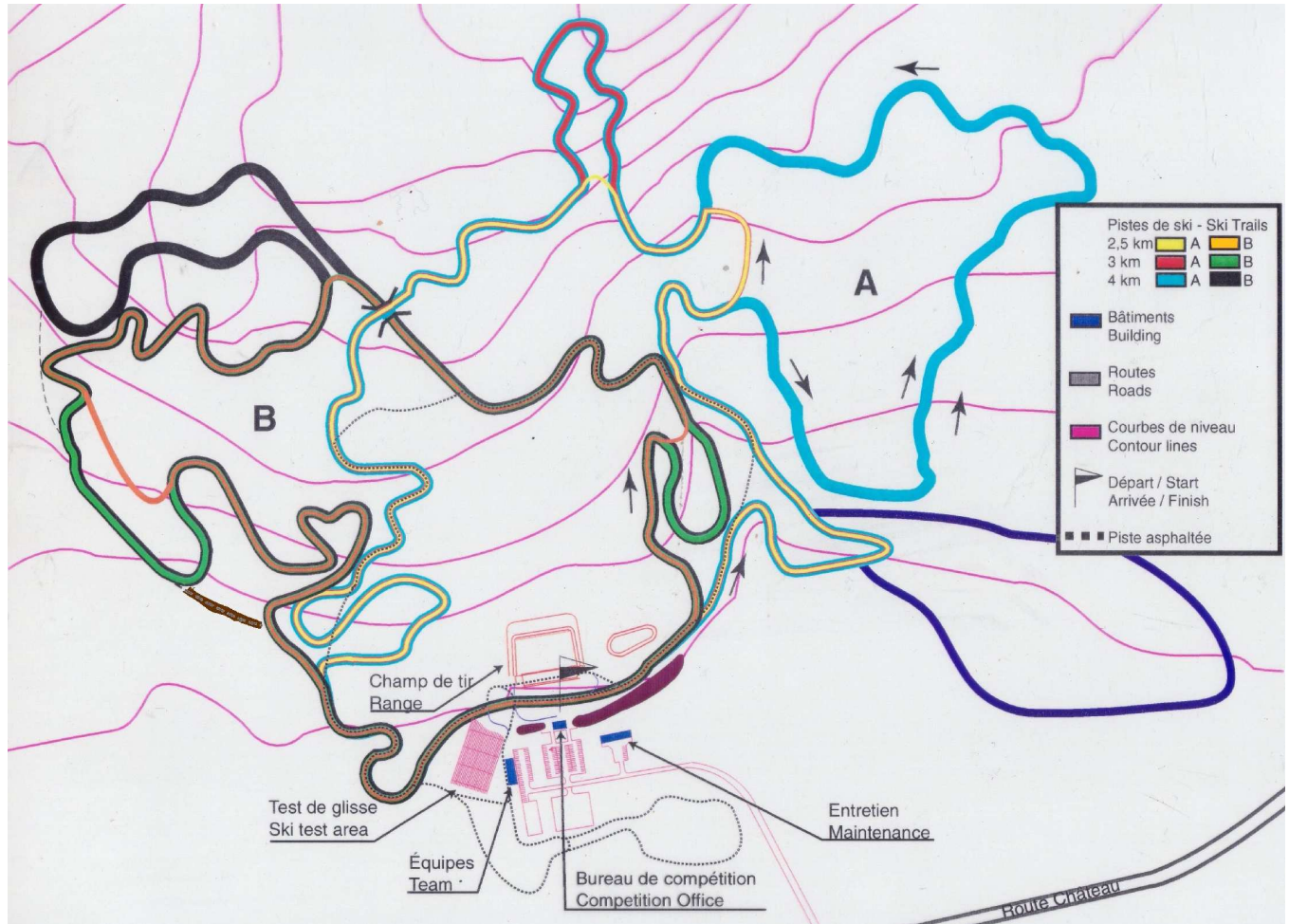
Rifles and skis may be stored in rooms at the CMB. All waxing must be done in the team huts at the CMB



## Map of trails

For detail of the trails, course profiles and stadium plan please access ACBQ web site

(<http://www.acbq.qc.ca/cc2009/PISTE-CBMB-4.pdf>) 



**EASTERN CANADIAN CHAMPIONSHIP, QUEBEC CUP # 4  
(FEBRUARY 5<sup>TH</sup> AND 6<sup>TH</sup>, 2011)**

**REGISTRATION FORM**

Name: \_\_\_\_\_ First name: \_\_\_\_\_

Birthday: \_\_\_\_ \_\_\_\_ \_\_\_\_ Class: \_\_\_\_\_ Gender: F M

Address: \_\_\_\_\_

\_\_\_\_\_

No	Street	Apartment	Postal Code/Zip
	City		

Email: \_\_\_\_\_ Tel: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ CAPA No: \_\_\_\_\_

Team: \_\_\_\_\_ Member No: \_\_\_\_\_

<b>Category: (.22)</b>	<b>AGE</b>	<b>1 competition</b>	<b>2 competitions</b>
Master Men	35+	<input type="checkbox"/> \$ 40.00	<input type="checkbox"/> \$ 60.00
Men	21 +	<input type="checkbox"/> \$ 40.00	<input type="checkbox"/> \$ 60.00
Junior Men	19-20	<input type="checkbox"/> \$ 40.00	<input type="checkbox"/> \$ 60.00
Youth Men	17-18	<input type="checkbox"/> \$ 40.00	<input type="checkbox"/> \$ 60.00
Senior boys	15-16	<input type="checkbox"/> \$ 25.00	<input type="checkbox"/> \$ 45.00
Master Women	35 +	<input type="checkbox"/> \$ 40.00	<input type="checkbox"/> \$ 60.00
Women	21 +	<input type="checkbox"/> \$ 40.00	<input type="checkbox"/> \$ 60.00
Junior Women	19-20	<input type="checkbox"/> \$ 40.00	<input type="checkbox"/> \$ 60.00
Youth Women	17-18	<input type="checkbox"/> \$ 40.00	<input type="checkbox"/> \$ 60.00
Senior Women	15-16	<input type="checkbox"/> \$ 25.00	<input type="checkbox"/> \$ 45.00
Junior Boys	13-14	<input type="checkbox"/> \$ 25.00	<input type="checkbox"/> \$ 45.00
Junior Girls	13-14	<input type="checkbox"/> \$ 25.00	<input type="checkbox"/> \$ 45.00

**Air Rifle : (Feinwerkbau .177)**

Open Category ( <u>age 15 and over</u> )	<input type="checkbox"/>	\$ 10.00	<input type="checkbox"/>	\$ 20.00
Junior Boys 13-14	<input type="checkbox"/>	\$ 20.00	<input type="checkbox"/>	\$ 35.00
Juvenile Boys 11-12	<input type="checkbox"/>	\$ 10.00	<input type="checkbox"/>	\$ 20.00
Beginner Boys 9-10	<input type="checkbox"/>	\$ 10.00	<input type="checkbox"/>	\$ 20.00
Initiation Boys 8	<input type="checkbox"/>	\$ 10.00	<input type="checkbox"/>	\$ 20.00
Junior Girls 13-14	<input type="checkbox"/>	\$ 20.00	<input type="checkbox"/>	\$ 35.00
Juvenile Girls 11-12	<input type="checkbox"/>	\$ 10.00	<input type="checkbox"/>	\$ 20.00
Beginner Girls 9-10	<input type="checkbox"/>	\$ 10.00	<input type="checkbox"/>	\$ 20.00
Initiation Girls 8	<input type="checkbox"/>	\$ 10.00	<input type="checkbox"/>	\$ 20.00
Participative athlete	<input type="checkbox"/>	\$ 10.00	<input type="checkbox"/>	\$ 20.00
One day pass (none club members)	<input type="checkbox"/>	\$ 5.00	<input type="checkbox"/>	\$ 10.00

- \*\* Diner and presentation of medals (13 years and plus)  \$ 25.00**
- \*\* Diner and presentation of medals (12 years and under)  \$ 15.00**

**Grand total \$**

**Release Clause:**

I here by release Biathlon Canada, the Association des Clubs de Biathlon du Québec Inc. and le Club de biathlon de Courcellette, its members or agents, all sponsors, all officials, and any other persons officially connected with the competitions from any liability for any injuries or damages whatsoever arising from my participation in or presence at this event.

\_\_\_\_\_  
Signature of participant

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of Legal Guardian, if under 18

Date: \_\_\_\_\_

- **Note:** 10.00\$ will be added for registration received by email after Wednesday February 2<sup>nd</sup> 2011
- All registration fees must be handed in at the Competition Office before 21h, on Friday, February 4<sup>th</sup>, 2011.
- Legal guardian must sign registration forms for competitors under the age of 18 years of age.