

Biathlon Ontario High Performance Training Camp
Ottawa, ON/Chelsea/QC
July 22-25, 2011

CAMP UPDATE

*****YOU MUST READ THE ENTIRE MESSAGE AND SEND A REPLY TO ALEX
(ALEXANDRE.DUMOND@GMAIL.COM) ACKNOWLEDGING IT*****

The following athletes have confirmed attendance to the camp:

- Patrick Skelton (OAAP)
- Drew Burse (OAAP)
- Steph St. Denis (OAAP)
- Aram Alexanian (Invitation)
- Eric Shryer (Invitation)
- Alex Dupuis (Invitation)
- Dominic Dupuis (Invitation)
- Amanda Templeton (Invitation)
- Ryan Hunter (Invitation)

See

<http://biathlonontario.ca/Calendar/Events/2011OttawaHPTraining/OttawaHPTrainingCampSchedule.pdf>

for camp schedule and required equipment. The following link will take you to the required paperwork, waivers, etc. for the camp. You will be required to sign additional paperwork at the University of Ottawa prior to the VO2 max testing.

Event waiver:

<http://biathlonontario.ca/Forms+Docs/Docs/BiathlonOntarioParticipantWaiver+Range.pdf>

*****IF YOU NO LONGER INTEND TO PARTICIPATE PLEASE INDICATE THAT IN YOUR REPLY. IF YOU ARE NOT ON THE LIST AND WISH TO ATTEND PLEASE CONTACT ALEX AT 613.898.8542*****