



HIGHLANDS TRAILBLAZERS
and
BIATHLON ONTARIO
presents
Summer biathlon competition
26 September, 2009

- RACE FORMAT:** SPRINT following summer biathlon rules for appropriate age groups.
- RACE FEES:** Members Biathlon Ontario \$20.00; all others must obtain day membership @ \$10.00 and then pay race fees.
- WEAPONS:** AIR RIFLES ONLY. There will be air rifles available and pellets will be free.
- COURSE:** The running course will be laid out using the existing x-c trails of Highlands Nordic.
- TEAM CAPTAINS MEETING:** There will be no team captains meeting but a pre-race meeting with all participants to attend will be held after all registration business is concluded. The race draw will be conducted using the biathlon in a box programme after registrations close the THURS prior.
- SAFETY CLINIC:** All novices (shooting) regardless of age must attend a safety clinic to be conducted prior to race start.
- REGISTRATION:** Registration can be done through the use of the Highlands Nordic webpage use the “special events” button and fill out and submit the information. Questions can be directed to jwmski@rogers.com or 705 424 5448 after 1800. The cut off date is 1630 THURS, 24 SEPT 09
- ACCOMMODATIONS:** The participants are responsible for arranging their own accommodations. The area offers many opportunities for accommodations within a close proximity to the race site. Contact the Georgian Triangle tourist association at 705 445 7722 for details.
- CAFETERIA:** There will be no cafeteria services. However, cold drinks and the use of microwave will be available.
- SCHEDULE:**
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| 0815 | doors open | 1030 | race start |
| 0830 | registration | 1145 | race end |
| 0900 | race meeting | 1230 | presentations |
| 0915 | safety clinic/zeroing | 1330 | doors close |

The usual forms from Biathlon Ontario will have to be signed etc during the actual race registration i.e.

Biathlon Ontario Participant Waiver Form
Biathlon Ontario Range Safety Rules
Biathlon Ontario Day/Recreational Athlete/Supporters Membership Form